

# 2022 National Disabled Veterans Winter Sports Clinic Safety Playbook

March 26 – April 1, 2022

Snowmass, CO



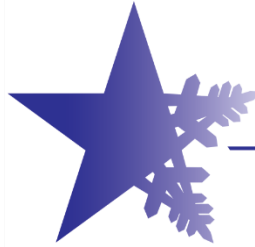


National Disabled Veterans  
**WINTER SPORTS CLINIC**

**Miracles on a Mountainside**

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The National Disabled Veterans Winter Sports Clinic (NDVWSC) is a world leader in promoting rehabilitation by instructing Veterans with disabilities in adaptive alpine and nordic skiing and introducing them to a number of other adaptive physical activities and sports. The NDVWSC is sponsored by the U.S. Department of Veterans Affairs (VA) and DAV (Disabled American Veterans), with financial assistance from corporate sponsors and individual donors. The VA Western Colorado Healthcare System and VA's Rocky Mountain Network host the event each year.

The COVID-19 pandemic has been challenging for all of us to navigate. Our teams have been working tirelessly to mitigate the risks it presents and come together as a community to continue our rehabilitation.

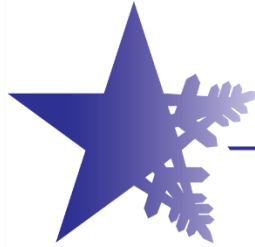
The NDVWSC team is relentlessly working to ensure this year's program is safe and successful. The following guide outlines the necessary steps that everyone participating in the 2022 NDVWSC must follow to support the health and safety of all. Noncompliance will result in termination of your participation. These precautions have been developed after review of CDC recommendations, the State of Colorado and Pitkin County Colorado Departments of Health recommendations, and published local and national VA guidelines, and in consultation with the NDVWSC medical team and from leadership from the VA Western Colorado Healthcare System and VA Central Office.

The following information applies to ALL participants of the 36th NDVWSC in Snowmass Village, Colorado. This includes registered Veterans, NDVWSC staff, volunteers, caregivers, sponsors, and any other NDVWSC stakeholder. Your support in following the plan is appreciated and essential as we all must do our part to support each other and keep each other safe.

We look forward to seeing you in Snowmass!

Teresa Parks  
NDVWSC Director  
Department of Veterans Affairs

John Kleindienst  
National Voluntary Services Director  
Disabled American Veterans



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## **NDVWSC Safety Protocols**

### **DEFINITIONS**

- **Participants** – This includes all registered Veterans, NDVWSC staff/volunteers, caregivers, family members, sponsors, and any other NDVWSC stakeholder in Snowmass, CO.
- **Isolation** – The separation of people with a confirmed or suspected contagious disease from individuals who are not sick.
- **Quarantine** – A strategy used to prevent transmission of a contagious disease by keeping people who were in close contact with someone with a contagious disease apart from others.

### **VACCINATION STATUS**

All participants are required to be up to date with COVID-19 vaccination, which means receiving all recommended COVID-19 vaccines including getting a booster dose when eligible. All participants **will be required to provide proof of vaccination including receipt of a booster dose, when eligible**, upon arrival. Acceptable proof includes your CDC COVID-19 vaccination card or a photo of your vaccination card.

Documentation showing receipt of a booster dose when eligible is required. CDC recommendations for booster shots are as follows:

- 5 months after completing a primary 2 dose Pfizer-BioNTech COVID-19 vaccination series.
- 5 months after completing a primary 2 dose Moderna COVID-19 vaccination series.
- 2 months after completing a single dose Johnson & Johnson COVID-19 vaccination.

## **NON-ESSENTIAL PARTICIPANTS**

Participants who are not essential to the event are unable to attend. This includes:

- Children under the age of 16
- Family members or friends not providing hands-on caregiving

## **MASKING**

**A well-fitting mask that covers your nose and mouth will be required both indoors and outdoors**, this includes staging areas for sports.

- If your mask does not meet the standard of the NDVWSC medical team, you will be provided an appropriate mask.
- The only exception to wearing a mask will be while actively participating in designated sports.

## **SCREENING/TESTING**

- **24-48 Hours Prior to Travel**
  - All participants must **obtain a negative COVID-19 test within 24-48 hours prior** of traveling to the 2022 NDVWSC.
  - Both antigen test (most home tests - recommended) and polymerase chain reaction (PCR) are acceptable forms for testing.
- **Arrival Day Testing** (details on location/schedule will be provided)
  - All participants will be screened for symptoms and receive an antigen test.
  - If the antigen test is negative, participants will receive an arrival day wristband to check-in to lodging.
    - No one will be allowed access to lodging without a wristband.
    - After hotel check-in, all participants must register for the event, where badges will be obtained.
  - If antigen test is positive, a confirmatory PCR test will be conducted.
    - If the PCR test is negative, the participant will receive an arrival day wristband and continue with hotel and event registration.
    - If the PCR test is positive, the participant will be **required to isolate** per CDC guidelines and not be allowed entry into the NDVWSC.
    - The NDVWSC medical staff will work with the participant to determine appropriate follow-up action.

- **Daily Testing** (details on location/schedule will be provided)
  - Daily screening for symptoms and antigen testing will be required for all participants at your designated testing site.

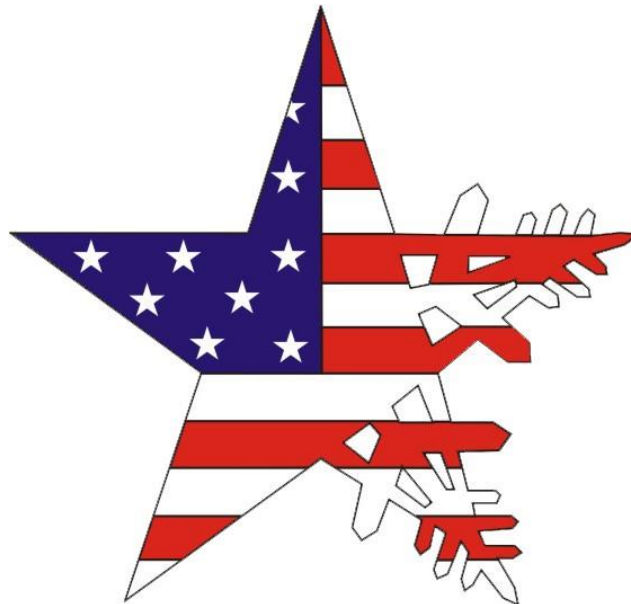
## **QUARANTINE**

The NDVWSC medical staff may quarantine participants exposed to an individual with confirmed or suspected COVID-19.

## **CONTACT TRACING**

All participants will be issued a NDVWSC badge that must be worn at all times.

- Bluetooth technology allows the badge to register close contact with other badges.
- In the event of a confirmed positive COVID-19 case, all impacted participants will be informed of the potential exposure and educated to self-monitor for COVID-19 symptoms.







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**Safety Expectations**

**Bottom Line Up Front** – Your actions protect others, and their actions protect you. Please do your part to keep yourself and others safe!

**PREPARING FOR THE NDVWSC** (for the 14 days before your travel)

1. Stay healthy and follow local COVID-19 guidelines.
2. Avoid crowds and anyone who is ill or exhibits signs of illness.
3. Practice physical distancing.
4. Test negative for COVID-19 within 48 hours of traveling to the NDVWSC. Antigen tests are recommended.
5. Wear a mask during travel.
6. If you are having symptoms, are waiting for results of a test, or test positive for COVID-19, **DO NOT TRAVEL to the NDVWSC!**
7. **If you are sick with anything or not feeling well, DO NOT TRAVEL to the NDVWSC!**

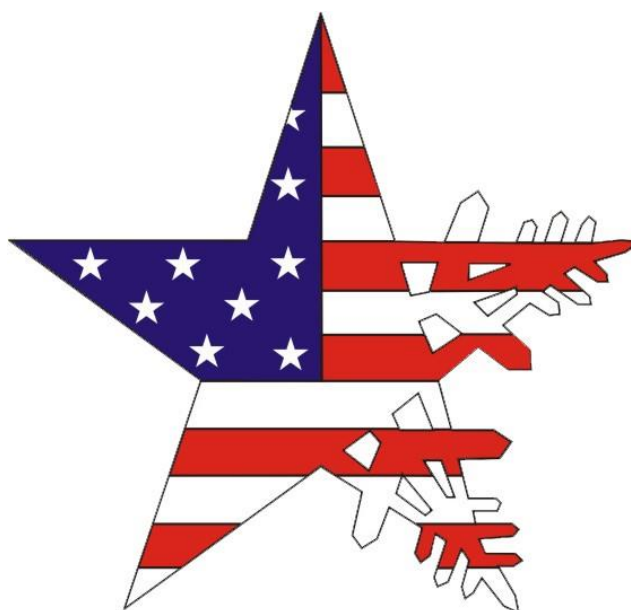
**WHILE AT THE NDVWSC**

1. Wear a mask both indoors and outdoors.
2. Avoid crowds and maintain distances of at least 6 feet.
3. Avoid direct contact with other people, like hugging or handshakes.
4. Comply with all testing, contact tracing, and safety expectations.
5. Give yourself extra time so you don't need to rush or crowd elevators.
6. Wash your hands with soap or use hand sanitizer frequently.

**UPON RETURNING HOME**

1. Follow the local guidelines for COVID-19.
2. If you test positive for COVID-19 within 7 days of returning home, notify NDVWSC staff immediately.

For questions about this playbook, please contact Teresa Parks at [teresa.parks@va.gov](mailto:teresa.parks@va.gov) or 970-263-5040



**We look forward to seeing you in  
Snowmass!**