



WSC RECREATION RESOURCES

Please see below for points of contact (POC) for recreation resources in your area.

Albany, NY

- POC: Michele Ferrauilo—518-626-5804, michele.ferrauilo@va.gov
- Recreation/Activity Opportunities:
 - Skiing, golfing, bowling, kayaking, fishing, snowshoeing, Nordic skiing, Nordic biathlon, orienteering, Qi Gong, Tai Chi, and equine.
- Collaborates with community partners that offer some of the following programming: adaptive sports (e.g., skiing, cycling, sled hockey, golfing, paddling, swimming, etc.).

Albuquerque, NM

- POC: Cat Ivie—505-265-1711 (ext. 2030), catherine.ivie@va.gov
- Recreation/Activity Opportunities:
 - Cycling, yoga, tai chi, rotating seasonal sports.
- Collaborates with community partners that offer some of the following programming: adaptive sports (e.g., climbing, yoga, skiing, water sports, rafting).

Augusta, GA

- POC: Suzanne Kenrick—706-733-0188 (ext. 1947), suzanne.kenrick@va.gov
- Collaborates with community partners that offer some of the following programming: Olympic training, aquatics, fitness, fishing, hunting, wheelchair rugby, and other adaptive sports.

Battle Creek, MI

- POC: Alexandra Norton—269-966-5600 (ext. 33937), Alexandra.norton@va.gov
- Recreation/Activity Opportunities:
 - Community integration, virtual chair yoga, leisure education.



Boston, MA

- POC: Jenny Vulpis—774-826-1955, jenny.vulpis@va.gov
- Recreation/Activity Opportunities:
 - Bowling, cycling, ice skating, shooting, fishing, kayaking, surfing, snowshoeing, cross country skiing.
- Collaborates with community partners that offer some of the following programming: Water skiing, paddle sports, winter sports, golf, cycling, court sports, archery, and scuba diving.

Chicago, IL

- POC: Kacie Jankowski—708-202-2280, Kacie.jankowski@va.gov

Cincinnati, OH

- POC: Eileen Higgins—513-233-5125, Eileen.higgins@va.gov
- Recreation/Activity Opportunities:
 - Adaptive strength and fitness, cycling, bowling, golf, boccia, billiards, fly fishing, and art.
- Collaborates with community partners that offer some of the following programming: skiing, golf, creative arts, fishing, and community recreation.

Cleveland, OH

- POC: Nicole Zillich—216-791-3800 (ext. 63996), Nicole.zillich@va.gov
- POC: Aubrey Lash—216-791-3800 (ext. 63996), Aubrey.lash@va.gov
- POC: Patricia Whitecotton—216-791-3800 (ext. 61189), patricia.whitecotton@va.gov
- Recreation/Activity Opportunities:
 - Ski clinics, fitness classes, virtual leisure education, fishing, archery, air rifle, sled hockey, golf.
- Collaborates with community partners that offer some of the following programming: shooting, adaptive sports, paddle sports, cycling, and skiing.



Columbia, MO

- POC: Kelly Schilling—573-814-6000 (ext. 53646), Kelly.schilling@va.gov
- Recreation/Activity Opportunities:
 - Whole Health classes (yoga, tai chi), kayaking, bike riding, social events, hikes, volunteering.
- Collaborates with community partners that offer some of the following programming: community recreation, paddle sports, running, and social groups.

Columbus, OH

- POC: Adam Judd—614-388-7192, adam.judd@va.gov
- Recreation/Activity Opportunities:
 - Tai chi and fitness programs.
- Collaborates with community partners that offer some of the following programming: community recreation and adaptive sports.

Denver, CO

- POC: Jessica Conyers—720-376-6122, Jessica.conyers@va.gov
- POC: Jessica Radmilovic—720-723-3029, Jessica.radmilovic@va.gov
- Recreation/Activity Opportunities:
 - Cycling, climbing, water sports, art, tai chi, yoga, fitness, classes, scuba.
- Collaborates with community partners that offer some of the following programming: adaptive sports, skiing, fly fishing, yoga, climbing, and cycling.

Fresno, CA

- POC: Pingkham Thornburgh—559-225-6100 (ext. 3722), pingkham.thornburgh@va.gov
- Collaborates with community partners that offer some of the following programming: archery, aquatics, fitness, and adaptive sports.



Hampton, VA

- POC: Joe Lewis—757-722-9961 (ext. 3051), joseph.lewis2@va.gov
- Recreation/Activity Opportunities:
 - Skiing, spectator sporting events, stock car racing, gloving, fishing, equestrian clinic, sightseeing tours to Washington DC, leisure education, arts/crafts, tennis, kickball for visually impaired, bowling, pet therapy, beach visits, ice hockey, cycling referrals.

Hudson Valley, NY

- POC: Pedro Gonzalez—914-737-4400 (ext. 3726), Pedro.gonzalez2@va.gov
- Recreation/Activity Opportunities:
 - Boccia, field events, slalom, table tennis, bowling, air rifle, archery, aquatics, kayaking, and cycling.
- Collaborates with community partners that offer some of the following programming: golf, fitness, and wellness.

Los Angeles, CA

- POC: Patrick Gregorio—818-891-7711 (ext. 31238), patrick.gregorio@va.gov
- Recreation/Activity Opportunities:
 - Community re-entry, fitness, leisure, relaxation, and coping skills.
- Collaborates with community partners that offer some of the following programming: aquatics, surfing, cycling, creative arts, equine, fishing, scuba, rappelling, sailing, skiing, gliding, and adaptive sports.

Long Beach, CA

- POC: Elizabeth Greco—562-826-8000 (ext. 6032), elizabeth.greco@va.gov
- POC: Rebecca Kopczak (SCI Specific)—562-826-8000 (ext. 2121), Rebecca.kopczak@va.gov
- Recreation/Activity Opportunities:
 - Community re-entry, fitness, leisure, relaxation, coping skills.
- Collaborates with community partners that offer some of the following programming: cycling, surfing, cycling, and adaptive sports.



Miami, FL

- POC: Christina Dugrot—305-575-7000 (ext. 7689), christina.dugrot@va.gov
- Recreation/Activity Opportunities:
 - Fitness
- Collaborates with community partners that offer some of the following programming: community recreation, sailing, scuba, and paddle sports.

Milwaukee, WI

- POC: Erinn Kulba—414-384-2000 (ext. 41245), erinn.kulba@va.gov
- Recreation/Activity Opportunities:
 - Kayaking, sailing, skiing, curling, sled hockey, aquatics, fishing, hunting, gun sports, cycling, wheelchair sports.
- Collaborates with community partners that offer some of the following programming: skiing and a variety of adaptive sports.

Minneapolis, MN

- POC:
 - Jenna Stade—612-243-7917 (ext. 56-7917), Jenna.stade@va.gov
 - Kristin Powell—612-725-2000 (ext. 311537), Kristin.powell7@va.gov
 - Janelle Gustafson—612-725-2000 (ext. 317057), Janelle.gustafson@va.gov
- Recreation/Activity Opportunities:
 - The following adaptive clinics: archery, billiards/darts, bowling, golf, walk/roll program, kayaking, sailing, and fly fishing.
- Collaborates with community partners that offer some of the following programming: adaptive alpine/Nordic skiing, wheelchair/adaptive sports, golf, sailing, community integration, and leisure education.



North Florida/South Georgia

- Primary POC: Katie Blunk—386-755-3016 (ext. 392651), katie.blunk@va.gov
- Secondary POC:
 - Gainesville, GA POC: Paul Theile—352-548-6000 (ext. 105978), paul.theile@va.gov
 - Lake City, FL: POC: Stefan Wickli—386-755-3016 (ext. 393392), stefan.wickli@va.gov
- Recreation/Activity Opportunities:
 - Gainesville: Electronic pistol, pickleball, archery, bowling.
 - Jacksonville: Strength training, fitness, kayaking, golf, fishing, tennis, cycling, pickleball, tennis, rock climbing.
 - Lake City: Strength training, fitness, yoga, tennis, rock climbing, fishing, bowling, bocchia ball, disc golf, and shuffleboard.
- Collaborates with community partners that offer some of the following programming: surfing, paddle sports, and outdoor recreational opportunities.

Palo Alto, CA

- POC: Shawna Hill—650-493-5000 (ext. 63330), Shawna.hill@va.gov
- Recreation/Activity Opportunities:
 - Adaptive sports, yoga, fitness, cycling, swimming, archery, quad rugby, scuba, injury prevention/education, adaptive sports medicine referrals, aquatic therapy, community reintegration, animal assisted therapy, adaptive art/creative arts, leisure education, travel skills/training, national event education/training, socials, and peer mentoring.
- Collaborates with community partners that offer some of the following programming: fitness, creative arts, community recreation, skiing, paddle sports, surfing, adaptive sports, and diving.

Portland, OR

- POC: Kathleen Zabrocki—503-220-8262 (ext. 31272), Kathleen.zabrocki@va.gov
- Collaborates with community partners that offer some of the following programming: adaptive sports (e.g., skiing, cycling, golfing, hiking, climbing, court sports etc.).



Salt Lake City, UT

- POC: Mia Mortensen—801-637-8355, mia.mortensen@va.gov
- Recreation/activity opportunities:
 - Golf, sled-hockey, tai chi, yoga, fitness classes, leisure education
- Collaborates with community partners that offer some of the following programming: adaptive sports, skiing, cycling, aquatics, paddle-sports, air-rifle, archery, bowling, golf.

Sioux Falls, SD

- POC: Cameron Will—605-373-6321 (ext. 6321), Cameron.will@va.gov
- POC: Laura Drum—605-336-3230, laura.drum@va.gov
- Recreation/Activity Opportunities:
 - Golf, adaptive cycling, adaptive kayaking, air rifle, boccia, downhill skiing, archery, fly fishing.
- Collaborates with community partners that offer some of the following programming: poker, fishing, hunting, trapshooting, and bowling.

South Texas

- POC: Stephanie Mireles-Ayers—210-617-5300 (ext. 18139), stephanie.mireles-ayers@va.gov
- POC: Joel Caltrider—210-617-5300 (ext. 17196), joel.caltrider@va.gov
- Recreation/Activity Opportunities:
 - Adaptive yoga, cycling, equine therapy, adaptive golf, leisure education, functional fitness, canine assisted training, community outings.
- Collaborates with community partners that offer some of the following programming: canine assisted training, sled hockey, aquatics, cycling, yoga, wood working, and additional adaptive sports).



Spokane, WA

- POC: Alicia Lyons—509-434-7585, Alicia.lyons@va.gov
- Recreation/Activity Opportunities:
 - Archery, air rifle, bowling, creative arts festival, therapeutic drumming, referral to wheelchair basketball, referral to rock climbing, referral to sled hockey.
- Collaborates with community partners that offer some of the following programming: paddle sports, sled hockey, trap & target shooting, cycling, and other adaptive sports.

St. Lewis, MO

- POC: Matthew Luitjohan and Charley Wright—314-894-6602, matthew.luitjohan@va.gov, Charles.wright6@va.gov
- Recreation/Activity Opportunities:
 - Aquatic therapy, SCUBA, virtual reality, outdoor adventure camp, fishing, bowling, cycling, golfing, waterskiing, trap shooting, bocchia, tai chi, wellness, adaptive sports training, videography/film editing, pod cast, community education program, spoke outreach, National Veterans Rehabilitation Events, billiards, creative arts, community re-entry training.
- Collaborates with community partners that offer some of the following programming: competitive sports, fitness, archery, kayaking, scuba, diving, rock climbing, waterskiing, cycling, and paddle sports.

West Virginia

- POC: Brent Sturm—304-429-6755, brent.sturm@va.gov
- Recreation/Activity Opportunities:
 - Art, aquatics, bowling, bocchia, equine therapy, fly fishing, community reentry outings, adaptive biking, rafting, hunting trips, skiing, snowboarding, sled hockey, archery, air rifles, golf.
- Collaborates with community partners that offer some of the following programming: skiing, archery, bowling, rafting, outdoor recreation and, competitive sports.



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